



Ecuador Biking Expedition



ECUADOR BIKING EXPEDITION TOUR : DAY BY DAY ITINERARY

Day	Description	Meals	Spanish Speaking Driver or English Speaking Guide
1	<p>Biking on the tropics of Mindo Cloud Forest: Your adventure begins driving down the west part of Pichincha Volcano, taking the old road that connects the highlands with the coast. You mostly bike downhill to the valley of Tandayapa, through an amazing tropical forest, packed with birdlife involving toucans, hummingbirds, many varieties of butterflies and lots of plants. We descend approximately about 30 miles to reach the little town of Mindo, where we explore the chocolate factory, waterfalls, cable cars, etc.</p>	L	SSD
2	<p>Biking from de Equator to San Clemente Community in the middle of the Andes: In the morning, have a transfer to the middle of the world, the "Equator-Line". We mountain bike from the equator to the ancestral community of San Clemente, place where the last inca empereror was born. You will discover little villages, meet the local inhabitants and you can also buy the handicrafts that they elaborate. Once you arrive at San Clemente, you will enjoy some time with the local people from the community, and learn about their customs and daily life style.</p>	BLD	ESG
3	<p>Biking the skirts of Imbabura Volcano: After breakfast, you will start your day driving along the slopes of Imababura Volcano, taking your bikes up to the mountains with stunning views of the Andes and lakes, like San Pablo, considered one of the largest of Ecuador. You continue to run along a small path going across the Imbabura and Culbiche volcanoes, to reach San Pablo Lake for 35 miles on flat-up and downhill trails, to finally arrive to the town of Otavalo where you explore the largest market in South Maerica, with its colorful, handmade articles.</p>	BL	SSD



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4	<p>Biking to the heart of Cotopaxi Volcano: The adventure begins with a drive down the Pan-American Highway to Cotopaxi National Park. You reach the entrance of the national park, at 3900 meters altitude. This is where you start your ride on bikes through the Altiplano (High Andean Ecosystem). You will head to Tambo, that used to be a resting place for the messengers of the Inca Empire. This National Park is 33000 hectares and spans from the Andes and Amazon Region, you will have a panoramic view of the Cotopaxi if the climate is nice, and see the Limpiopungo Lagoon</p>	BL	SSD
5	<p>Llanganates National Park: After a healthy breakfast, take your mountain bike from the Llanganates National Park down to the Pastaza River Canyon, enjoying the beautiful scenery of the cloud forest. The tour takes you through some Andean farms, that you can see from afar. While descending into the jungle, you have an impressive view of Baños Town, with Tungurahua Volcan in the background. You will have some time to explore the town and enjoy its night life.</p>	BL	SSD
6	<p>The Sanctuary of Waterfalls: This morning you will explore the famous sanctuary of waterfalls in Baños, from the inside of the canyons that feed the mayor canyon of Pastaza. You drive for 30 minutes to the beginning of the best canyon for rappelling area. Enjoy 2 hours of full adventure and adrenaline! Rappel down 5 waterfalls along the canyon of Rio Blanco. In the afternoon, we take a private transportation back to the capital - Quito.</p>	B	ESG



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Inclusions:

- ✓ Accomodation based on double occupancy: First class Ecolodge in Mindo Cloud Forest, Comfortable haciendas, Andean home stay in San Clemente and Tourist Class Hotel in Baños
- ✓ Private transport with local Spanish-speaking driver throughout tour
- ✓ Biking gear: High quality MTB (disc brakes and front suspension), Shimano Deore parts, gloves, helmets
- ✓ Trip leader: Certified EPL expert English-speaking adventure trip leader and local guides

Exclusions:

- ✗ International flights
- ✗ Single supplement
- ✗ Airport transfers
- ✗ Travel insurance (mandatory)
- ✗ Meals not described in the itinerary - estimated budget USD \$180 per person
- ✗ Personal expenses
- ✗ Tips



This program can be adapted to your personal needs - just let us if you would like to make any changes, we'll be happy to help!

NOTE: Licensed English-speaking guides are more expensive per day than Spanish-speaking drivers. For that reason this tour has a mix of both included, in order to balance trip cost with service level for you. Of course the mix is lexible, so if you would like to make changes then just let us know.

The logo for Happy Gringo, featuring the letters 'HG' in a stylized font. The 'H' is red and the 'G' is blue, both with a white outline. Below the letters is a curved orange line that forms a partial smile.

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